



RUN WITH US.

Anticipation is building for the 2023 Servus Edmonton Marathon as one of the City of Edmonton's signature sporting events. 2023 marks the event's 32nd anniversary!

This event guide provides important information to assist you in making the most of your race experience. We encourage you to plan ahead and allow for extra time as thousands of racers take to Edmonton streets.

For further questions email us at info@edmontonmarathon.ca. We can't wait to see you at package pick-up and on the start line.

We Support and Follow ALL AHS Public Health Guidelines for a fun and successful event!

Our friendly marathon team is looking forward to welcoming all of you again - Have a great race!

Sincerely,

Tom Keogh
Race Director
Servus Edmonton Marathon

QUICK LINKS

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WELCOME TO THE RUNNER'S RACE GUIDE

RUNNER'S RACE KIT & PACKAGE PICK-UP

All participants must pick up their race package and bib before their race.

This year, package pick-up is at the 109 Street Running Room store ONLY, located at 8537-109 Street, Edmonton.

Package pick up will be by race distance -Marathon, Half-Marathon and Army 10K. Walk-up registration, changes and transfers will also be available at Package Pick Up. You can also still sign up for massage at PPU. Please allow extra time for parking and line-ups, as it will be busy.

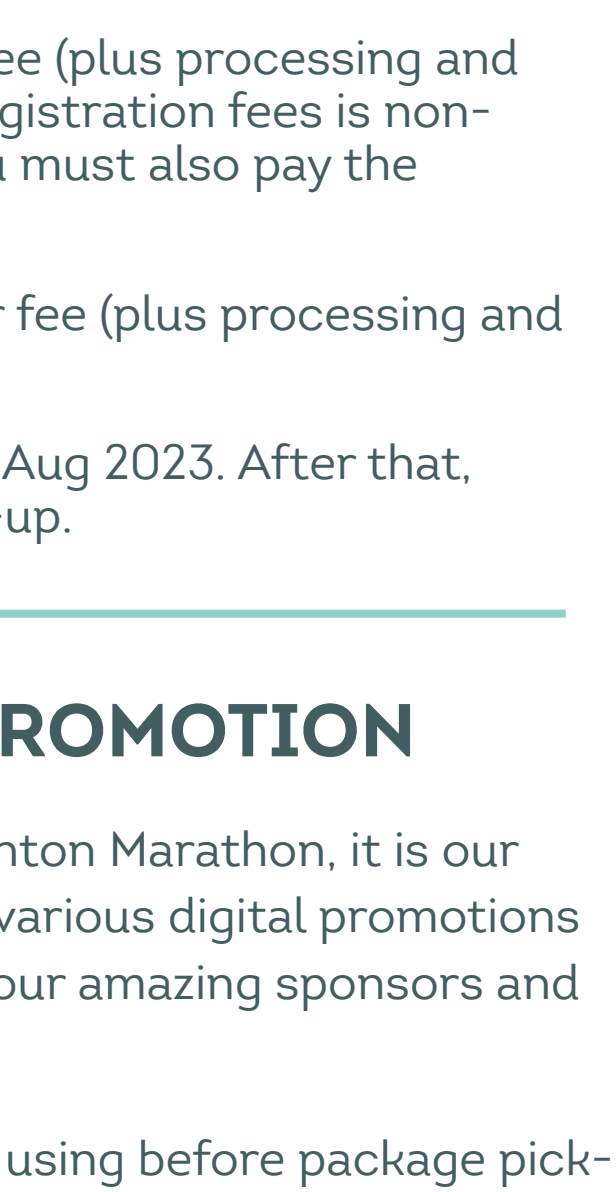
- **Thursday, August 17, 11 a.m. to 7 p.m.**
- **Friday, August 18, 11 a.m. to 7 p.m.**
- **Saturday, August 19, 10 a.m. to 6 p.m.**

Please present your race confirmation email or photo ID to pick up your package. Bring email authorization if you are picking up for a family member or friend.

IMPORTANT: Do not fold your bib, your computer chip is attached and it could get damaged.

Course Maps are available online only, through the [FAQ webpage](#), and accessible on your mobile device.

Runners T-Shirts can ONLY be exchanged on Sunday morning at Bag Check, Foyer Hall D



TRANSFERS & CHANGES IN EVENT DISTANCES

Note: There are no refunds for the race.

Transferring to another distance: A \$13 transfer fee (plus processing and taxes) will apply. Please note that the difference in registration fees is non-refundable. If you wish to transfer up in distance, you must also pay the difference in registration fees.

Transferring bib to another person: A \$13 transfer fee (plus processing and taxes) will apply.

Online transfers and changes will close 2359 MDT 01 Aug 2023. After that, changes and transfers can be made at Package Pick-up.

VIRTUAL EVENT BAG - DIGITAL PROMOTION

As a registered participant of the 2023 Servus Edmonton Marathon, it is our pleasure to provide you with a virtual event bag with various digital promotions with information, discounts, and special offers from our amazing sponsors and vendors.

Our goal is to provide added value that you can start using before package pick-up as well as after the event.

[Click Here](#) to access your "virtual" event bag from August 12th until September 2nd, 2023.

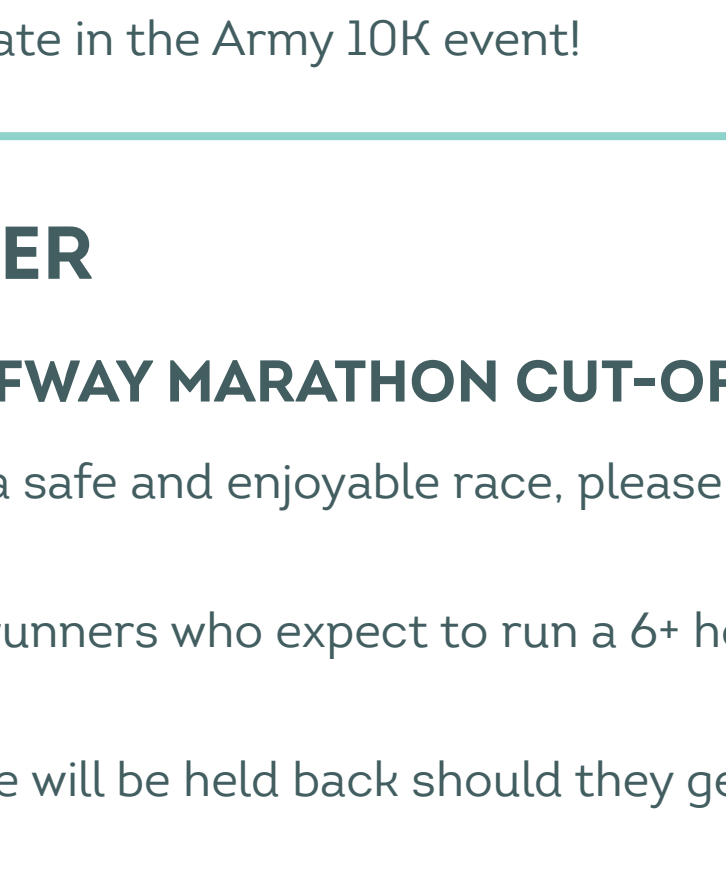
SUNDAY SCHEDULE FOR RACES/AWARDS

Race Times

- 6 a.m. - Marathon Slow Runners & Walkers (greater than 6 hours + finish time). Note cutoff time of 9:55 a.m. at Jasper Avenue and 95 Street.
- 7 a.m. - Marathon Run
- 8 a.m. - Half Marathon Run/Walk
- 10:30 a.m. - Army 10K Run/Walk presented by The Loyal Edmonton Regiment
- 11:30 a.m. - 5K Fun Run & Walk

Maps by Racepoint

1. [Marathon](#)
2. [Half-Marathon](#)
3. [Army 10K](#)
4. [5K Fun Run & Walk](#)



Award Times

- 9:30 a.m. - Elite Half Marathon Awards
- 10 a.m. - Elite Marathon Awards
- 10:30 a.m. - Half Marathon Age Group Awards
- 11 a.m. - Marathon Age Group Awards
- 11:30 a.m. - Army 10K Elite & Age Groups (Presented by The Loyal Edmonton Regiment)
- 12:30 p.m. - 5K and All Walk Awards

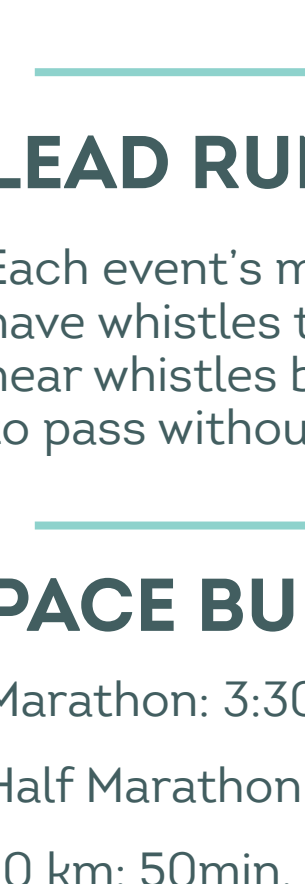
Timing, Results & Awards

- o Gun Time is the OFFICIAL time for the Top Men and Top Women Overall winner, in each event. All top awards and finishing positions are based on the time from the start of the race (GUN) and when the runner crosses the finish line as per World Athletics, Athletics Canada, and Alberta Athletics standards.
- o CHIP time is the OFFICIAL time for the Age Category awards. The Top Men and Top Women Overall winner in each event are ineligible for age category awards.

TIMING/RESULTS

- [Sportstats West](#), our official timing company, will be providing official results for the Marathon, Half Marathon, Army 10K, and 5K. Results will be posted on edmontonmarathon.ca and on [sportstats](#) after the events.

[2023 Race Results Page](#) - [Click Here](#)



ARMY 10K

The Loyal Edmonton Regiment, a Primary Reserve infantry unit of the Canadian Armed Forces, proudly presents the Army 10K road race.

The "Loyal Eddies" are Alberta's first infantry unit and traces its beginnings back to 1908. The storied regiment was deployed overseas during WW1 and WW2 and has deployed members on UN and NATO operations around the globe. It is dedicated men and women have contributed to numerous domestic operations supporting Canadians and continue to serve when called.

Everyone is welcome to register and participate in the Army 10K event!

MARATHON RUNNER/WALKER

6 HOUR PLUS START TIME AND HALFWAY MARATHON CUT-OFF

In order to ensure that all participants have a safe and enjoyable race, please note the following important information:

6 a.m. - Start is ONLY for those walkers and runners who expect to run a 6+ hour pace.

Faster runners that choose to run at this time will be held back should they get ahead of the staged road closures.

9:55 a.m. - Marathon course halfway closure at Jasper Avenue and 95 Street

All Marathon runners and walkers MUST pass Jasper Avenue and 95 Street by 9:55 a.m. Those arriving after 9:55 a.m. WILL BE STOPPED and presented with a Half Marathon medal.

Event Rules

- o Athletics Alberta road running rules apply. It is the responsibility of athletes to be familiar with these rules.
- o Strollers are only allowed in the 5K and Army 10K - they will be placed at the back of all runners/walkers and will be asked to stay on the outside of runners (either to the left or right).
- o For the Marathon and Half-Marathon, strollers, roller blades, support vehicles, escort runners, pets, and cyclists are not allowed.
- o Headphones or any other personal listening devices make it difficult to hear vehicular traffic and marshal instructions and, therefore, are discouraged. Should the wearing of headphones jeopardize your safety or the safety of others, race officials may remove you from the course.
- o The race courses will be marked with traffic cones and barricades. Athletes MUST stay within the traffic cones and barricades unless otherwise directed by an event official or course marshal. Be aware that some road sections may be uneven or have potholes.
- o Medical personnel and officials reserve the right to remove any athlete from the race judged to be physically incapable of continuing without health risk.

GEAR CHECK (BAG CHECK)

FREE Gear Check is available at the Edmonton Convention Centre Hall D Foyer(): We offer bags where you can leave your personal items prior to the race. Bags will be marked with your bib number and stored in a secure location. Bib must be shown for pick up. Opens Sunday at 5:30 a.m. and closes at 2:30 p.m. Any items not picked up by 2:30 p.m. will be donated to charity. Event organizers assume no risk for items left at Gear Check.

LOST AND FOUND is located at Gear Check.

RUNNER T-SHIRT EXCHANGE

Note: Shirt Sizing is limited and may not be available. Runners T-Shirts can ONLY be exchanged on Sunday morning at Bag Check.

LEAD RUNNERS & LEAD CYCLISTS

Each event's male and female lead runner will have a lead cyclist. Lead cyclists have whistles to clear slow runners ahead of the path of lead runners. If you hear whistles blowing, please quickly move to your RIGHT to enable lead runners to pass without slowing or impairing their progress.

PACE BUNNIES

Marathon: 3:30, 3:45, 4:00, 4:15, 4:30, 4:45, 5:00, 5:15
Half Marathon: 1:40, 1:45, 1:50, 2:00, 2:10, 2:15, 2:30, 2:45 To Complete
10 km: 50min, 1:00, 1:10, 1:15, 1:20, 1:30 To Complete

These are subject to change.

You will find the pace bunnies lined up at the start line, positioned (seeded) according to their times.

2023 ELITE PROGRAM

Welcome, high-performance athletes!

We offer support to elite Canadian and international athletes who want to race in our Marathon, Half-Marathon, or Army 10K events.

Due to a limited budget, all Elite applications will be reviewed and approved on an individual basis, with complimentary entry fee and limited financial support for travel and accommodation.

[Click here for complete details](#) on the elite program.

We hope you will join us for the opportunity to run a stunning fast, flat course with an exciting downtown start and finish in the heart of Edmonton, Alberta's capital city!

GELS AND ELECTROLYTES

Mixed flavours of Krono Sports Drinks, Energy Bars and Gels will be on the course, at selected water stations. Check the interactive course maps for their locations.

- [Krono Nutrition](#)

FINISH LINE - RUNNER'S REHYDRATION & REFUEL

As soon as Runner's cross the finish line, they will be greeted by our title sponsor Servus and soldiers from the Loyal Edmonton Regiment with their Finisher Medal and water. As runner's move through the controlled finish area, they will have a selection of additional re-hydration and re-fuel snacks.

COURSE MUSIC DJs AND SPECTATOR HOT SPOT

[Check out the interactive course maps](#) for DJ locations and Spectator Viewing Hot Spots

SHARE YOUR PHOTOS

Share your pics @..... #Army10K, #runYEG, #SEM, #YEGmarathon, #RUNedm and 'Show Your Bib' on [Facebook](#), [Twitter](#) or [Instagram](#).

VOLUNTEERS STILL NEEDED FOR RACE WEEKEND

ASK FAMILY & FRIENDS

Sunday, August 20 is going to be an exciting and action-packed day. Get in on the action by being a volunteer right on the course! Ask your friends and family to volunteer or cheer you on!

[Please visit the Volunteer website](#) for an entire listing of available positions.

ROAD CLOSURE AND TRAFFIC DELAYS

Plan ahead as thousands of racers take to Edmonton streets.

Saturday, August 19: Full road closure on Jasper Avenue between 97 and 99 Streets from 6 a.m. - Saturday, August 20 to 8 p.m., Sunday, August 21.

Sunday, August 20: Race routes start and end at the Edmonton Convention Centre (9797 Jasper Ave). Full road closure of Jasper Avenue between 97 and 111 Streets. Expect major traffic delays downtown and west to 142 Street, from 5 a.m. to 3 p.m.

Alternate routes: 104 Avenue, 107 Avenue, River Valley Road, Groat Road, or 75 Street/Wayne Gretzky Drive.

Refer to the City of Edmonton website edmonton.ca/marathon or call 311 for alternate routes.

All ETS routes downtown will be detoured. Some other ETS routes will be detoured. Check ETS website for locations. Customers are encouraged to leave extra travel time and plan ahead using the Trip Planner on [takeETS.com](#)

Impact Info: edmonton.ca/special-event-road-closures

Event Info: edmontonmarathon.ca

Community Notice and Road Closures - [Click Here](#)

For questions and concerns call **311**



The Friendly Marathon

HAVE A GREAT WEEKEND AND RACE!